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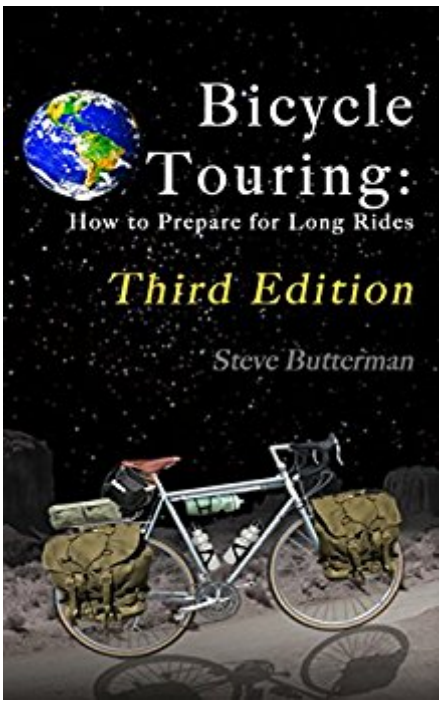
Bicycle Touring: How To Prepare For Long Rides, Third Edition



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Synopsis

The bicycle touring classic, updated for 2016 and beyond!Tells you how to prepare for a long bicycle tour, no matter what your age, financial situation, or physical fitness. Includes advice on the selection of a bicycle and other equipment, information on cycling clubs, other helpful organizations, and map sources and other research sources (all with links), with an emphasis throughout on the fun and the challenges of bicycle touring. Extensive updates from the best-selling first edition and the 2nd edition include changes in equipment availability and prices, as well as discussions of equipment options such as smartphones and other smart devices. This new edition also gives advice on finding and using online bike-route maps and other new information sources for regions around the world, and it adds dozens of new web-links for a total of well over two hundred.

Book Information

File Size: 2447 KB

Print Length: 160 pages

Publication Date: July 31, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01JGMROB0

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #136,615 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #30 inÃ Â Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides #39 inÃ Â Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Cycling #131 inÃ Â Kindle Store > Kindle eBooks > Nonfiction > Travel > Specialty Travel > Adventure

Customer Reviews

All expectations were met.

Very practical and helpful book on Bike Touring. Touring is not the same as "going down the path or trail as fast as you can" but has more to do with truly experiencing the joy of the ride, seeing the

environment and meeting new friends along the way. This is a definite shift from what many see as pushing hard to get the workout in. I was encouraged to be more intentional, slow down a bit and enjoy my love of cycling.

Way more info than I will ever need,. But very nicely organized, an with extensive links to many websites. Well done.

This is a well written enjoyable book with a ton of info, advice, references, and links. I read this on the kindle version and was able to take notes and then email them to myself. ÃƒÂ Ã Å¸Ã ËœÃ Â•

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